DTF Transfer Instructions

Applying your DTF transfers

Tiny speckles around the print are normal. They're just excess powder — after Step 7 they disappear and won't be visible on the finished garment.

Shadows on the sheet are normal too. Disregard them — they won't affect the print or transfer onto the garment.

APPLYING — STANDARD HEAT PRESS

Heat press

1. Set your press to **300°F**.
2. **Pre-press the garment for 5–10 secs** to smooth the fabric and ensure a successful transfer.
3. Place the DTF sheet as needed. We recommend a **Teflon sheet or parchment paper** on top as a protective layer.
4. **Press for 20 secs with heavy pressure** (10–15 secs for finer polyester garments).
5. Remove the garment from the heat and **let it cool ~30 secs** before peeling.
6. **Slowly peel** the DTF paper off, then place the protective layer back on.
   Trouble peeling? Try starting from a different edge/direction. Still sticking? Re-press for 5–10 secs.
7. **Press an additional 20 secs** to cure the print.
8. Check that the print doesn't lift — if it does, press another **5–10 secs**. If not, you're done.

APPLYING — CRICUT / EASYPRESS

Cricut press

1. Set the press to **low heat (255–295°F)**.
2. **Pre-press the garment for 5–10 secs.**
   Use a Teflon pillow (or similar) to stretch the garment taut and wrinkle-free.
3. Place the DTF sheet as needed — you may need **heat-resistant tape** to hold it in place.
4. **Hold or gently move the press over the sheet for 20 secs** (10–15 secs for finer polyester).
   Use a slow back-and-forth motion over the whole print; count as you go or set a timer.
5. Remove from heat and **let it cool ~30 secs** before peeling.
6. **Slowly peel** the DTF paper off, then place the protective layer back on (Teflon sheet or the sheet you just removed).

Trouble peeling? Try a different edge/direction. Still sticking? Re-press for 5–10 secs.

7 **Gently run the press for an additional 20 secs** to cure the print.

8 Check that the print doesn't lift — if it does, press another **5–10 secs**.

Why move gently with a Cricut press? Moving slowly across the sheet keeps the paper from shifting out of place, and stops the print from lifting or folding over as it transfers.

That's it — your DTF transfer is ready. We hope you love it! 💜

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